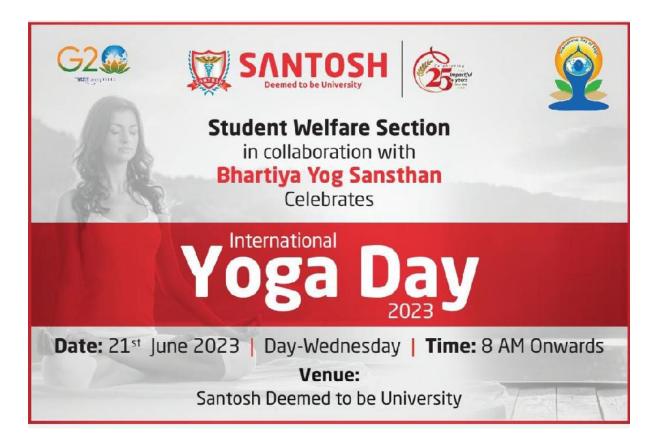


International Yoga Day 21st June 2023

Santosh Deemed to be University have organized a Yoga Session on the Occasion of International Yoga Day on 21st June 2023. The event started with Auspicious Lamp Lighting and Saraswati Vandana by our Honourable Yoga Trainers from Bhartiya Yog Sansthan and Leadership Team. The event was joined by Director IQAC Dr. Dakshina Bisht, Dean Research, Dr. Jyoti Batra, Dean Student Welfare Dr. Rajiv Ahluwalia, 5 Faculty Members, more than 50 students and 8 Non-Teaching Staff. The Yoga trainers demonstrated different Aasna including Surya Namaskar. They explained the importance of Yoga and each Aasna and encouraged the participants to do Yoga in their daily lives to improve the lifestyle. The event was summed up with Vote of Thanks given by Dr. Rajiv Ahluwalia and followed by Tea.







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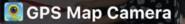
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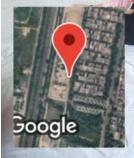


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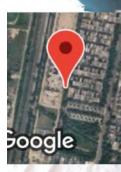
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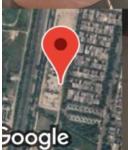
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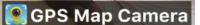
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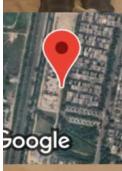
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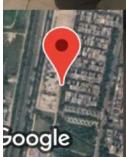




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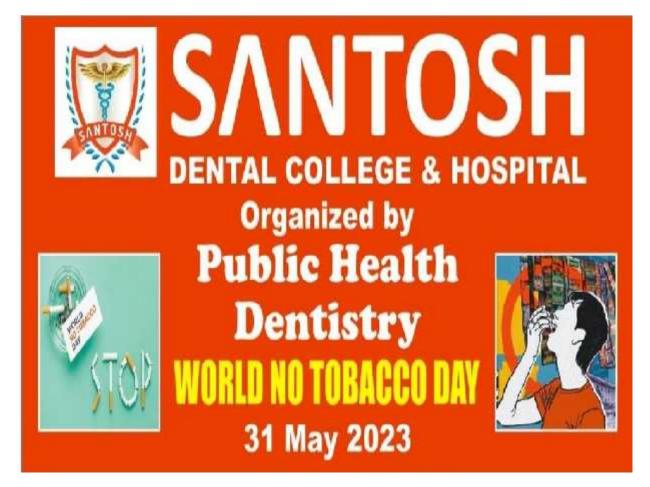


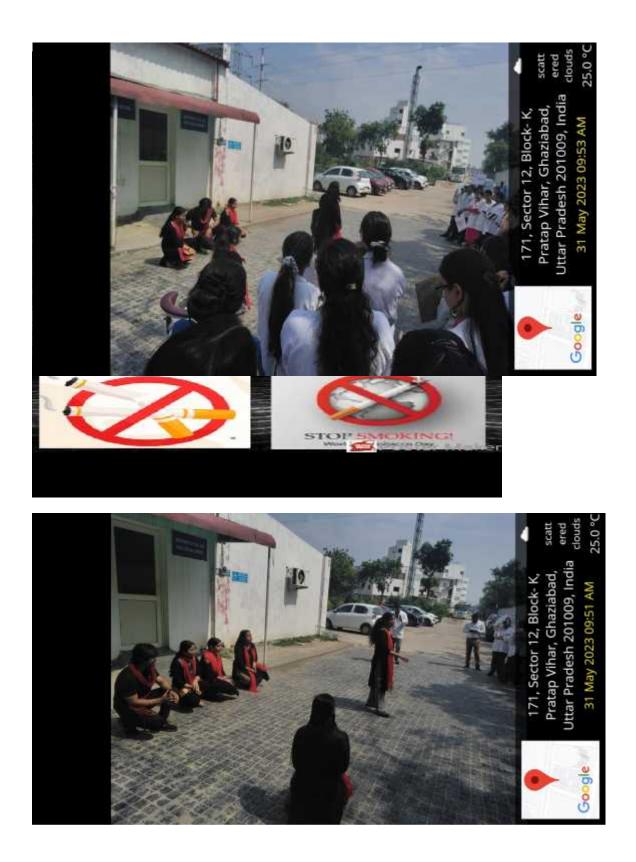
World Anti-Tobacco Day

31/05/23

Department of Public health dentistry and Students welfare committee of Santosh deemed to be University celebrated World Anti-Tobacco Day on 31st of May 2023.

It was organised in the university campus where the students of MANCHTANTRA the theatre club of our university performed Nukkad Natak to spread awareness about the harmful affects of tobacco on a human body. The students of Santosh dental college organised a rally against tobacco in the college campus.







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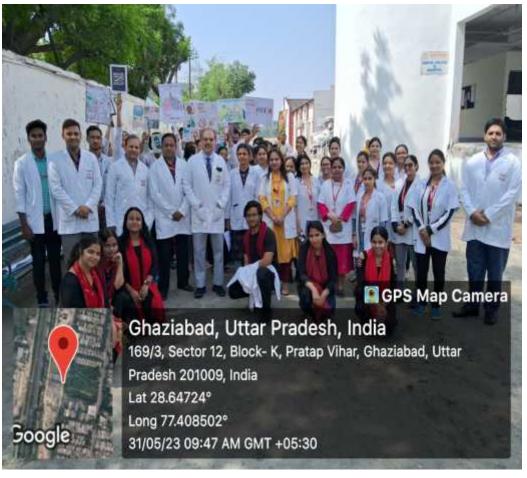














Department of Orthodontics and Dentofacial Orthopedics

Date-15.05.2023

Department of Orthodontics and Dentofacial Orthopedics, Santosh Dental College successfully organised World Orthodontic Health Day with a lot of fanfare at our institution. Various events were organised for both Undergraduate & post-graduates students of all the branches.

Date: 15.05.23

Chief Guest - Dr. Sanjay Labh, Secretary, IOS

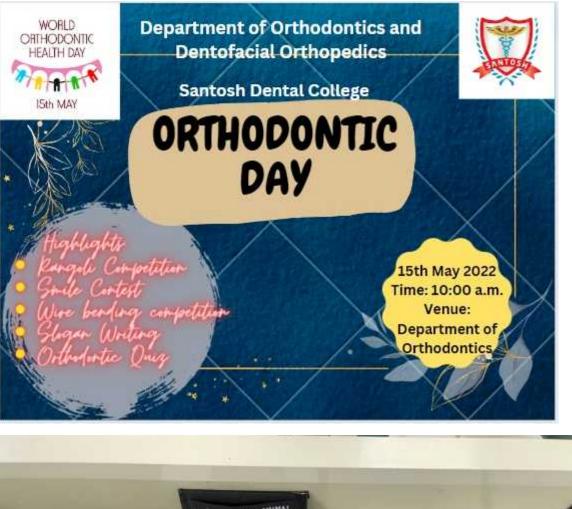
Participants – 47

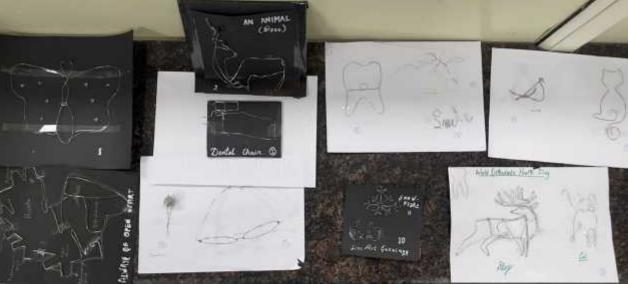
Timing – 9 am to 4 pm

Activities conducted –

- 1) Wall Painting
- 2) Slogan competition
- 3) Essay writing competition
- 4) Wire bending competition
- 5) Smile Contest

It was a fun-filled event and students across different years participated in the event with wholesome enthusiasm and showcased their skills and talent.





























DEPARTMENT OF BIOCHEMISTRY

WORLD MALARIA DAY CELEBRATION

Venue: Maharaja Hall

Date & time: 26th April 2023, 9 - 10 AM

Report on Role play Activity Organized on World Malaria Day by MBBS Students Batch 2022-2023.

Introduction: On the occasion of World Malaria Day, MBBS students of batch 2022-2023 organized a role-play activity to create awareness about the prevention and treatment of malaria. There were 2 groups comprising of 10 -12 students each from MBBS batch that performed the play. The objective of this activity was to educate people about the causes, symptoms, and prevention of malaria. The activity was conducted in maharaja hall, and faculties of department of Biochemistry, Pathology and IHBT also attended the program. It was followed by a poster making competition by BDS 2nd year students.

Activity: The role-play activity was conducted by one of the MBBS students, who acted as a doctor working in a malaria-prone region. The student gave a presentation on the importance of preventing and treating malaria, and encouraged the audience to take preventive measures to protect themselves and their communities. The presentation covered various topics, including the causes of malaria, symptoms, available treatments, and prevention methods.

During the presentation, the audience actively participated by asking questions and sharing their experiences with malaria. The MBBS student addressed each question with detailed explanations, and also shared information about the latest research on malaria prevention and treatment.

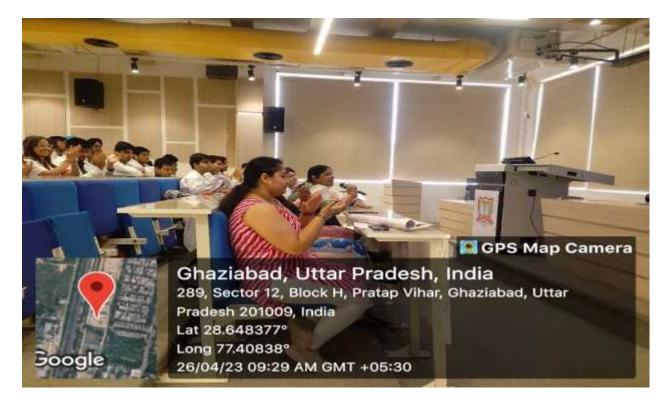
The role-play activity was interactive, with the use of visual aids such as images and videos to help the audience understand the importance of preventing and treating malaria. The MBBS student also used case studies to demonstrate the real-life impact of malaria and how it can be prevented and treated.

Outcome: The role-play activity was successful in creating awareness about the prevention and treatment of malaria. The audience was able to understand the causes, symptoms, and available treatments for malaria. The interactive nature of the activity helped to engage the audience and make the session more effective.

Conclusion: In conclusion, the role-play activity organized on World Malaria Day by MBBS students of batch 2022-2023 was a great success. The activity helped to create awareness about the importance of preventing and treating malaria, and encouraged people to take preventive measures to protect themselves and their communities. The interactive and engaging nature of the activity made it a memorable and effective experience for all those who attended. The 2 skits were highly appreciated by students as well as faculty. The 2 groups were awarded certificates, which was followed by vote of thanks by Dr R N Gupta. IHBT & Department of Pathology organized a poster making competition for students of 2nd year MBBS. There were 15 entries for poster competition out of which 2 prizes were awarded, 1st and 2nd. This too was followed by a group photograph. Overall, it was a highly informative session.





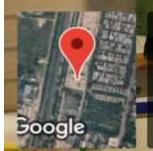




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DEPARTMENT OF PATHOLOGY

World Health Day - 08.04.2023

Name of Workshop: World Health day update and seminar on 08/4/23

on the theme Health For All by department of Pathology,

Immunohematology and Biochemistry

Venue: LT 2 Santosh Medical college Ghaziabad

Date /Month/Year: 8/4/23

Organising Unit /Collaborating agency: Department of Pathology,

Immunohematogy, Biochemistry

Number of participants- Faculty/Students 150

Expenditure incurred if any: nil

Program Details:

Preface: Department of Pathology, Immunohematogy, Biochemistry

conducted PG and Faculty talk on World Health Day on the theme Health For ALL

for MBBS and BDS students.

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The talks covered a wide spectrum including a talk on Strengthening Primary Health care for acheiving the goal of Health For All and varrious non communicable disease like diabetes and hypertension. **Execution:** The programme was opened by welcoming the students and faculty s by Dr Mayurika S Tyagi Associate Professor Immunohematology & Dr Swati Singh associate professor pathology.

The different talks given included

Welcome Address and	Dr Mayurika Tyagi
Introduction "Health For All "	Associate Professor IHBT
Strengthening Primary Health	Dr Luna Sinha
Care to Build resilient systems	Assistant Professor Biochemistry
Non Communicable Disease Preview of Risk Factors	Dr. Anish Patel JR 2 Pathology
Diabetes -Current Scenario	Dr Renuka JR1 Biochemistry

ABCs of Diabetes (Basics update). Hypertension -A Silent Killer	Dr. Swarnim Baidya 🛛 JR1 Pathology Dr. Hena Kausar JR2 Pathology
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The talk and s seminar was followed by a quiz for the students

Dr Swati Singh concluded the programme and thanked the audience .

Tangible Outcomes: seminar and update on World Health DAY with a focus on primary health care system and varioud non communicable disease .

1. Geo Tagged Pictures : Attached











World Bipolar Day – 30.03.2023

Preface:

The department of Psychiatry, Santosh Deemed to be University, Ghaziabad, NCR Delhi organised World Bipolar Day on 30.03.2023 (Thursday) at 10:00 AM – 11:00 AM.

Importance of World Bipolar Day

Support is vital

One in five individuals with bipolar disorder hurt themselves or commit suicide. On World Bipolar Day, we offer these individuals assistance as they navigate the difficulties of their condition and offer them hope for a better future.

Timely diagnosis is crucial

Despite how widespread it is, many people are unaware that they have bipolar disorder. Finding out about the condition and receiving a prompt diagnosis helps stop it from getting worse.

They are not alone

On World Bipolar Day, people with this condition have the chance to interact with others who share their symptoms and gain access to information and treatments that can enhance their lives.

Bipolar Disorder

Every year on March 30, World Bipolar Day is marked in honour of Dutch painter and one of the most significant figures in Western art history, Vincent van Gogh. His mental illness and creativity were correlated, and bipolar disorder was later identified as his ailment. Bipolar disorder has a significant impact on mood and can cause depressive and euphoric episodes, which can be detrimental to one's relationships, productivity, and health. By international cooperation, World Bipolar Day promotes education about bipolar disorder and encourages its dissemination.

History of World Bipolar Day



The International Society for Bipolar Disorders (ISBD), in collaboration with the International Bipolar Foundation (IBPF) and the Asian Network of Bipolar Disorders, created World Bipolar Day (ANBD).

The diagnosis of bipolar disorder stretches back to ancient Greece and is not a contemporary problem. The medical writings of Hippocrates, a man who is frequently considered to as "the father of medicine," contain the oldest reference of the mental condition. He published his research on depression and mania, two completely different feelings.

The 19th century saw the development of the present conceptual understanding of bipolar illness.

Jules Baillarger, a French neurologist, and Jean-Pierre Falret, a French psychiatrist, each gave their own independent descriptions of bipolar disorder to the Académie de Médecine in Paris in 1854. Although the name "bipolar disorder" had not yet been developed, Baillarger and Falret referred to the condition as "folie à double forme," which is French for "dual-form insanity," and "folie circulaire," which is French for "circle insanity."

Since its founding in 1999, the International Bipolar Foundation (IBPF) has conducted research on bipolar diseases and assisted those who are affected by them. We underestimate the prevalence of bipolar disorders. While the affected person is genuinely experiencing waves of mania or depression, extreme mood swings sometimes go unreported or are written off as temperamental problems. Because the disorder has an effect on one's capacity to operate, people with this mental illness lead lives that are disrupted. Thankfully, therapy options include prescription drugs and in-depth counselling.

Causes of Bipolar disorder

It is unclear what specifically causes bipolar disorder. According to experts, there are a number of elements that interact to increase a person's risk of developing it. Several physical, environmental, and social elements are thought to be involved in these.

Genetics

Since that bipolar disease appears to run in families, heredity is assumed to be a contributing factor.

A person with bipolar disorder has a higher risk of passing it on to their family members. Yet bipolar disorder cannot be attributed to a single gene. Rather, it is believed that a number of genetic and environmental factors serve as triggers.



Triggers

The symptoms of bipolar disorder are frequently brought on by a difficult setting or situation. Some instances of stressors include: physical, emotional abuse that causes a relationship to end the passing of a loved one or member of a close family

These kinds of major life events might result in depressive episodes at any point in a person's life. A trigger for bipolar disorder could be: a bodily ailment, disruptions in sleep, daily issues that are too big to handle, like issues with money, employment, or relationships.

Chemical imbalance in the brain

Bipolar disorder may be linked to chemical imbalances in the brain, according to some studies. Neurotransmitters, such as noradrenaline, serotonin, and dopamine, are the substances in charge of regulating how the brain works. According to some research, a person may have some bipolar illness symptoms if there is an imbalance in the levels of these neurotransmitters.

Collaboration:

Name and Designation of Speakers:

- 1. Dr A. K. Seth (Prof & HOD Psychiatry)
- 2. Dr Brijesh Saran (Associate Prof Psychiatry)

Attended by Junior Resident Doctors from department of Psychiatry & paramedical students of Santosh Deemed to be University.

Execution:

1. PPT presentation about the DSM-5 Diagnostic criteria of Bipolar Disorder and 7 Manic Symptoms were discussed in detail.

2. one hour Lecture was taken with audio visual display by each speaker

3. Hands on demonstration of ophthalmoscope use on patient with dilated pupil done with participation of psychiatry resident doctors.



4. Quiz was organised about the topic Human rights of person with Mental illness (PMI) as per Mental Heathcare Act 2017

5. Google Drive web link provided for the details of event for academic purpose and continued learning.



Department of Psychiatry Celebrates



Date- 31st March 2023 Day- Friday Time- 10 AM Onwards Venue- Psychiatry Dept. 1st Floor, Santosh Hospital, Ghaziabad NCR Delhi All are Cordially Invited





Santosh Deemed to be University World Bipolar Day

Department of Psychiatry

Dr Brijesh Saran, Associate Prof Psychiatry

30.03.2023





A. A distinct period of abnormally and persistently **elevated**, **expansive**, or **irritable mood** and

Manic Episode

abnormally and persistently increased **activity** or energy, lasting at least **1** week and present most of the day, nearly every day (or any duration if hospitalization is necessary)

B. During the period of mood disturbance and increased energy or activity, **three** (or more) of the following symptoms (**four** if the mood is only irritable) are present to a significant degree and represent a noticeable change from usual behavior





Manic Episode



1. Inflated self-esteem or grandiosity.

2. Decreased need for **sleep** (e.g., feels rested after only 3 hours of sleep).

3. More talkative than usual or pressure to keep talking.

4. Flight of ideas or subjective experience that thoughts are racing.

5. **Distractibility** (i.e., attention too easily drawn to unimportant or irrelevant external stimuli), as reported or observed.

6. Increase in **goal-directed** activity (either socially, at work or school, or sexually) or psychomotor agitation (i.e., purposeless non-goal-directed activity).

7. **Excessive involvement** in activities that have a high potential for painful consequences (e.g. engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)







F.No.SU/R/2023/0841

Date: 29.03.2023

MEMORANDUM

Subject: Grant of permission to celebrate World Bipolar Day on 30.03.2023 by department of Psychiatry from 10:00 AM to 11:00 AM at Psychiatry Dept. 1st Floor, Santosh Hospital, GZB, NCR-Delhi.

With reference to his letter dated: 28.03.2023 on the subject cited above, **Dr. A.K. Seth**, Professor & HOD of Psychiatry is informed that he is permitted to celebrate **World Bipolar Day** on **30.03.2023** by department of **Psychiatry** from **10:00 AM** to **11:00 AM** at **Psychiatry Dept. 1st Floor**, **Santosh Hospital**, **GZB**, NCR-Delhi.

He is required to submit a detailed report to the Academic Section as well as IQAC Cell regarding the above activities.

[DR. ALPANA AGRAWAL] REGISTRAR

Dr. A.K. Seth, Professor & HOD of Psychiatry

Copy to:

- 1. The Secretariat
- 2. The Vice-Chancellor
- 3. The Dean, Santosh Medical College & Hospital
- 4. The Dean, Academic
- 5. Medical Superintendent
- 6. Director Facility
- IQAC Cell
- 8. Digital Cell



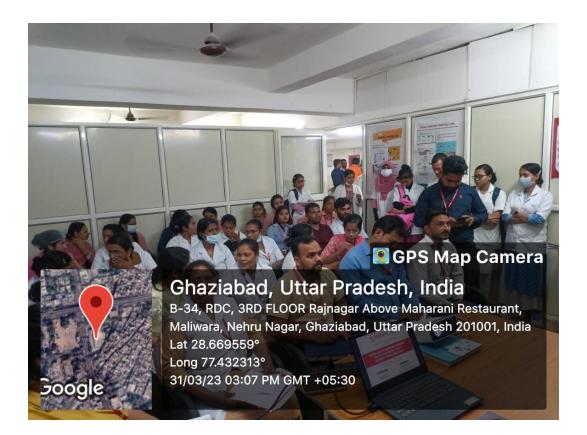














World Optometry Day

PREFACE :

- World optometry day was celebrated by the department of Ophthalmology at the Lecture hall, 2nd floor, Santosh Medical Hospital, Ghaziabad on 23rd March 2023 from 10am to 1pm.
- Objective of this session was to spread awareness amongst the students of Bachelor of Optometry and Diploma of Optometry regarding the various refractive errors and their management.

COLLABORATION:

- The event was organised by Dr. Sarita Aggarwal, HOD, Department of Ophthalmology , Santosh Medical College.
- The event was promoted through the platform of social media and network of Santosh medical college and by the various social groups of the organisers.
- The whole Department of Ophthalmology including the faculty members, post graduates and optometry students along with Mr. Ayub Ali took part in the event.

•

Execution :

- The event was hosted by Miss. Bhavini and Mr. Naiyer.
- It was inaugurated through a prayer sung by Ms. Neetu Sharma and Ms Shivani Pal.
- Dr Sarita Aggarwal gave a speech regarding world optometry day to commence the event.
- This was followed by felicitation of guest lecturer, Mr. Shivam Choudhary.
- After that, all post graduate students also gave lecture on various topics related to optics and refraction to spread awareness among the optometry students regarding their role in society.
- Various role plays about the common refractive errors were presented by optometry students. The role play on Amblyopia was done by Mr. Vishal Kaushik, Mr. Yash and Miss. Jessica and another role play on contact lenses was presented by Ms. Shivani, Ms. Sneha and Ms. Kajal.
- This was followed by poster competition in which Mr. Vishal Upadhyay won the first prize and Mr. Jitendra won the second prize.
- There was also a quiz competition regarding the various refractive errors and the winners of B Optom first year were Ms. Bhavini, Mr. Faraz, Ms. Sweety and Mr. Naiyer and B.Optom second year were Mr. Vishal, Mr. Yash, Mr. Jitendra and Ms. Pinky.

- The event was concluded with certificate and prize distribution to the participants. First prize for best poster was awarded to Mr. Vishal Upadhyay by Dr. Shikha Pawaiya
- Winning team of the quiz was awarded by Dr. Nidhi.
- Reward for CR second year were given to Mr. Vishal Upadhyay and Mr. Jitender by Dr. Nidhi.
- Vote of thanks was delivered to the participants and organizers by Dr Sarita Aggarwal who extended gratitude to the Chairman sir, VC sir, MS and DEEN of Santosh Medical hospital and college, various faculty members, Mr. Ayub Ali, post graduate students and optometry students.

Tangible Outcomes

) Appreciation letter from all the participants























"EVENT REPORT ON GLAUCOMA WEEK"

(13 MARCH 2023- 18 MARCH 2023)

Department of Ophthalmology, Santosh Hospital, Gaziabad celebrated World Glaucoma Week from 13th March 2023 to 18 th March 2023.

Glaucoma is one of the most important cause of preventable blindness.

<u>OBJECTIVES</u>

- 1.Create awareness among general population regarding the disease.
- 2. Screening done for the patients attending OPD.
- 3. Providing treatment to the Patients diagnosed with Glaucoma.

DAY 1 (13th March 2023)

Event was started with the Welcome Message by DR. SARITA AGGARWAL (Head of Ophthalmology Department, Santosh Hospital , Gaziabad)

Followed by Hands on Gonioscopy by all the ophthalmology PG'S under the mentorship of DR. Shikha Pawaiya (Associate Professor,Department of Ophthalmology,Santosh Hospital,Gaziabad)

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Followed by Hands on Gonioscopy by all the ophthalmology PG'S under the mentorship of DR. Shikha Pawaiya (Associate Professor,Department of Ophthalmology,Santosh Hospital,Gaziabad)



DAY 2 (14TH March 2023)

Hands on OCT-RNFL to all the ophthalmology PG's under guidance of DR. Sarita Aggarwal.



DAY 3(15th March 2023)

Hands on Visual fields to all the PG's by DR. Somesh Ranjan (Assistant Professor, Department of Ophthalmology, Santosh Hospital, Gaziabad)

DAY 4(16[™] March 2023)

Hands on Tonometry by all PG's under guidance of 3rd YEAR PG'S .Followed by Poster Competition by MBBS Students And Optometry Students.



DAY 5(17[™] March 2023)

Nukkad Natak by 1st year PG's along with Optometry Students in the Hospital Premesis was very entertainingly informative to the general population and was Graced by Presence of DEAN AND HOD'S from various Departments.



DAY 6(18TH MARCH 2023)

Graced by informative and intellectual Lecture on Glaucoma by DR. SHIKHA PAWAIYA followed by Quiz Competition among All PG'S .



After a week of successful awareness among Patients, Event came to an end with a heartwarming Thanksgiving by DR. Shikha Pawaiya.



Glaucoma week being highly informative and encouraging was highly appreciated by one and all.



SANTOSH MEDICAL COLLEGE HOSPITAL

No. 1, Ambedkar Road, Opposite Old Bus Stand Ghaziabad, 201001, Emergency- 4666666

Department of General Medicine

Title: International Women's Day 2023 Celebration & CME Program

Date: 10th March 2023

Venue: Lecture Hall, Santosh Hospital, Ghaziabad

Theme: #Embrace Equity: Accelerang Equality and Empowerment.

On 10 MARCH 2023 Department of Medicine, Santosh Medical College celebrated International Women's Day 2023.

The theme this year is #Embrace Equity: Accelera ng Equality and Empowerment. The welcome address was given by

Dr Ashok Kumar, HOD of Medicine and welcomed the chief guest Dr. Tripta Bhagat, Vice Chancellor & Dr Alka

Aggarwal, Dean Medical, Santosh Deemed To Be University. The programme then started with the first speaker Dr Shivani Bansal, professor of medicine, as she explained the role of women and highlighted achievements made by women, but also an opportunity to become be er informed and collaborate and brainstorm about the path forward. The next session was a panel discussion and the topic for discussion was "challenges faced by working women". The panellist for the session was Dr Alpana Agarwal, Registrar, Santosh Deemed To Be University, Dr Rani Shrivastava (Professor Clinical Psychology), Dr Ivo Batra (Professor, Biochemistry & Dean Research), Dr Manisha Gupta (Professor& Head, Obstetrics & Gynecology). In the panel discussion, they explained that today the world recognizes and celebrates the women and girls who are championing the advancement of transforma ve technology and digital education. A genderresponsive approach to innova on, technology and digital education can increase the awareness of women and girls regarding their rights and civic engagement. There was also discussion about the there is a recent increase in health issues among women, partly due to lifestyle choices and partly due to a lack of knowledge. Women and girls in many parts of the world face the risks of unintended pregnancies, and sexually transmi ed infec ons including HIV and cervical cancer, malnutri on, depression, and respiratory infections, amongst other risks. Digital health and information platforms can improve health outcomes for women and girls and enhance their autonomy and privacy - they enable informed health decision-making, improve access to health services, therapies, and medicines, and increase awareness about women's rights, including sexual and reproducve health and rights.

There was a lecture on "Anemia-A Neglected Epidemic" by Dr Sonakshi and Dr Rashmi Mishra (Assistant professor, Medicine) which was chaired by Dr Neelima (Professor, Obstetrics & Gynaecology) and Dr Sarita Aggarwal (HOD, Ophthalmology). Another small lecture on Anemia therapeu cs was delivered by Professor & Head, Medicine, Dr. Ashok Kumar, in which he described the injectable Iron therapy for Iron Deficiency Anemia. Two Beau ful dance performances showing women empowerment were done by the students of the Department of B. Sc. Clinical Nutri on & Diete cs which were well appreciated by all the Guest & a endees. The programme was a ended by 100 people approx.

The message conveyed was what is equity and equality and how to have them along with accep ng diversity, differences, and various discrimina on.

Asmal cump

Dr. Ashok Kumar Professor and Head Department of Medicine

Dated: 10-03-2023.











DEPARTMENT OF DERMATOLOGY, VENEREOLOGY & LEPROSY

Event Report

TITLE - WORLD RARE DISEASE DAY 2023

Preface:

Rare Disease Day is a globally-coordinated movement on rare diseases. It is observed on 28th February and focuses on working towards equity in social opportunity, healthcare, and access to diagnosis and therapies for people living with a rare disease. Theme for this year "Share your colors: Show Your Stripes" aims at encouraging and motivating patients.

Progarm:

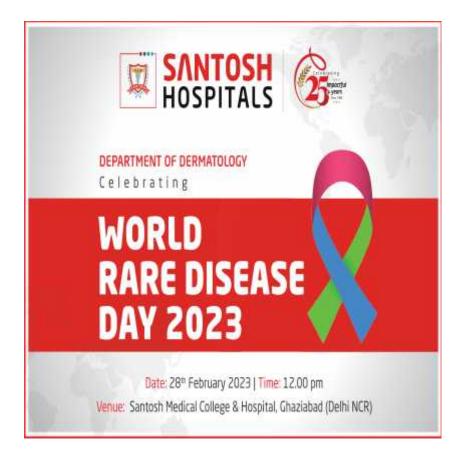
Department of Dermatology organized an online CME and Awareness Program on the occasion of World Rare Disease Day on 28th February, 2023, 02:30 PM – 03:10 PM at Santosh Hospital, Ghaziabad.

Execution:

Dr. V. K. Garg (Professor & HoD) initiated the session and introduced this year's theme "Share your colors : Show your Stripes". Sheraun Karira (Junior Resident) discussed about Cutaneous Mosaicism, Management of Neurofibromatosis and Tuberous Sclerosis. Dr. Gulshant Panesar (Assistant Professor) talked about Congenital Epidermolysis Bullosa. Dr.Srishti Agrawal elaborated on the rare forms of Congenital Ichythyosis. Finally, Dr V. K. Garg took up questions from the audience and concluded the session.

Tangible Outcomes

It was a very imformative session with good audience participation, making it a successful event.













Office of Dean Research

Central Research Facility

Santosh Deemed to be University

National Youth Day -2023 Celebration

University Reception Area, Santosh Deemed to be University, Ghaziabad

Date - 12/01/2023

Time: 10:00 A.M. - 11:00 A.M.

Preface: Central Research Facility (CRF) and Santosh Startups Forum (SSF) in collaboration with Institution's Innovation Council (IIC) of Santosh Deemed to be University, celebrated National Youth Day on 12th January 2023.

Objectives: January, 12 marks the birthday of Swami Vivekananda and is celebrated as National Youth Day countrywide. It was an IIC celebration activity as guided by MoE's Innovation Cell. The main objective was—

) To promote rational thinking among the youth, believed to be the future of the country.

Execution:

On this occasion a Youth March was organised from Santosh Deemed to be University reception area to the Santosh Dental College and Hospital premises. The March was followed by a Street Play where undergraduate students from 2022-23 batch, depicted the importance of innovation and entrepreneurship and beautifully presented how working on a startup idea can change the lives of modern youth.

A poster making competition was also organised on the theme; **YOUTH: Idea & Innovation**.

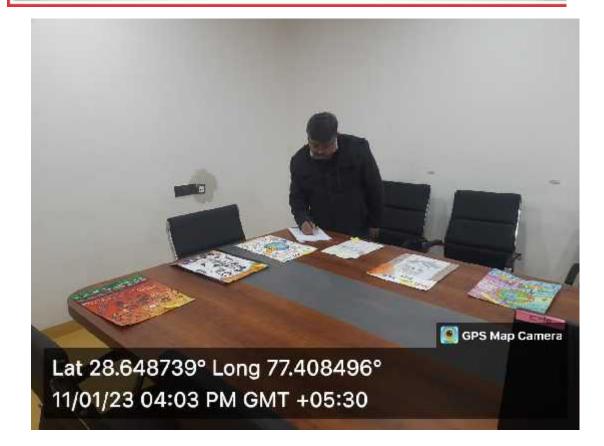
Participants and winners were felicitated by appreciation certificate.

Dean Research; Dr.Jyoti Batra, IQAC Director; Dr Dakshina Bisht, Dr Neeraj Grover, Dr Shaktibala, Dr.Neeti Mittal, Dr.Sanjeev Tomar, Student Members of the Council, along with faculty from Santosh Medical and Dental College were also present at the event. More than 200 medical and Dental students from the University enthusiastically participated to celebrate & witness the power of idea, innovation and youth.

Number of participants: 200+

Organized By: Central Research Facility and Santosh Startups Forum (SSF), in collaboration with the Institution Innovation Council (IIC) Santosh deemed to be University

	NTOSH CONCLUSION CONCLUSION
	Central Research Facility
	&
	Santosh Startups Forum
Date:	the Event: National Youth Day 2023 Celebration 12 Jan 2023, Thursday
Time:	10 AM - 11 AM
Agenda:	Youth March & Street Play
Venue:	University Reception Area, Santosh Deemed to be University













Lyoti Batea

Dr. Jyoti Batra Dean Research Santosh Deemed to be University



Institution's Innovation council

Minutes of Celebration of National Energy Conservation Day 2022 in LT2 Santosh Deemed to be University on 14th Dec at 2:00 PM to 2:30 PM

Topic : Celebration of national energy conservation day

The National Energy Conservation Day is celebrated every year on 14th December 2022. The purpose is to showcase the achievements of the nation in energy efficiency and conservation. This occasion has been celebrated since 1991 when is led by the Ministry of power. This day is celebrated to raise awareness regarding the conservation of energy as it is the best way to have a greener and brighter future.

Objective: The day focuses on making people aware of global warming and climate change and promotes efforts towards saving energy resources. It also highlights the achievements of the country in the fields of energy efficiency and conservation.

There was an event held on 14th December 2022 at 2: 00pm by Central Research facility and Institution Innovation council in association with Santosh Startups Forum, to celebrate National Energy Conservation day. The event was arranged in LT 2, Santosh Deemed to be University.

The event started with Ms.Indu Rani introducing IIC team members to all the attendees of the event who were MBBS,BDS and BPT students of various batches. She enlightened the fact that IIC is guided by Ministry Of Education. They've created these IIC centers so as to encourage and incubate startup ideas.

Followed by Dr. Sanjeev Tomar welcoming the chief guest of the event, Dr.Sumita Giri (HOD & Professor Endodontics) and Dr.Neeraj Grover (HOD Oral Pathology). Dr. Sumita Giri interacted with the students and briefed about efforts needs to be made to ensure that energy is used efficiently by either using less energy for a particular constant purpose – like switching off lights and fans when not being used – or reducing the use of a particular service that uses energy – like driving less and using public transport instead.

She also told students that energy conservation is a conscious, individual effort, and at a macro level, it leads to energy efficiency and the different forms of energies and explained how our mental energy is affected by our day today lifestyle. As per the theme of the event Dr. Sumita enlighten the students about the importance of Engery and how differently everyone perceives the concept of energy. She further added the usage of energy to one's benefit and how we can create our own positive Aura.

Moreover it was an informative and effective event. The event was also graced with the presence of dental academic coordinator **Dr. Neeraj Grover** sir. He praised the efforts of IIC and said that end goal of energy conservation is to reach sustainable energy.

The program concluded with the vote of thanks by **Dr. Sanjeev Tomar** sir. He lauded the efforts of

Santosh Startups Forum and IIC & also appreciated the opportunities provided by the university to organize several events and encouraging the students for active participation in upcoming events.







Santosh Medical College & Hospital, Santosh Deemed to be University, Ghaziabad, UP

Department of Psychiatry

- 1. Name of the Department : Department of Psychiatry
- 2. Program Title
 - : Human Rights Day 10.12.2022 : 10 December, 2022
- Date & Time
 Venue
- : Room no. 213, Santosh Hospital, Ghaziabad
- 5. Duration
- : 12.00 PM to 01.00 PM (1 hours)
- 6. Name and Designation of Speakers:
 - a. Dr. A.K. Seth (Prof. & HOD Psychiatry)
 - b. Dr. Rani Shrivastava (Prof & Head Psychology)
 - c. Dr. Brijesh Saran (Assist Prof Psychiatry)
 - d. Dr. Parul Gairola (Assist Prof Clinical Psychology)
 - e. Dr. Anoop Peter (Assist Prof Clinical Psychology)
- 7. Invitation to speaker (if any) : NA
- 8. Program Schedule

PPT presentation will be held about the awareness of Human rights of Psychiatric patient to the Paramedical students and Post graduates students Psychiatry.

- 9. Certificate if required
- 10. Estimated budget /Expenses/Grant required for approval : NA

: NA

:

Dr. A. K. Seth Prof & HOD Psychiatry Santosh Medical College & Hospital

Event Report:

Human Rights Day – 10th December 2022

Preface:

Santosh Deemed to be university (Ghaziabad) organised Human rights Day on 10^{th} May 2022 at Department of Psychiatry on Saturday at 10:00 AM – 11:00 AM.

December 10 is recognized as International Human Rights Day. The Universal Declaration of Human Rights, which fought for the protection of fundamental rights for all people regardless of age, gender, or color, was approved on this day in 1948 by the United Nations General Assembly. The subject for this year, Human Rights, serves as a reminder that every day is Human Rights Day and that these rights are just one of the many principles and values that unite us as a world community.

What about those who experience mental health issues?

In a perfect world, everyone would be treated equally and the Universal Declaration of Human Rights would be the guiding principle, but sadly, many groups are still marginalized in modern society. Despite a special UN resolution that called for the protection, compassionate treatment, and respect of people with mental illness that was passed in the 1990s, people with mental health issues fell under this category. Recent studies actually demonstrate that those who struggle with mental health issues typically face stigma and discrimination as well as some of the greatest human rights abuses in the world.

Mental Health Care Act 2017

The Mental Health Care Act of 2017 (Act No. 10) An Act to Provide for Mental Healthcare and Services for Persons with Mental Illness, and to Protect, Promote, and Fulfill Such Persons' Rights During Delivery of Mental Healthcare and Services and for Matters Connected or Incidental Thereto.

- 1. The Mental Healthcare Act of 2017 intends to ensure that those who have attempted suicide are given options for rehabilitation from the government rather than being tried or punished for the attempt, thereby decriminalizing the act.
- 2. The Convention on the Rights of Persons with Disabilities and its Optional Protocol require India to comply with certain international obligations, which the Act aims to do.
- 3. It is a change from the Mental Health Act of 1987 in that it seeks to empower those who are dealing with mental illness. The 2017 Act acknowledges the agency of those

who suffer from mental illness and grants them the right to make decisions about their health, provided they receive the necessary information.

- 4. The Act strives to protect the rights of those who suffer from mental illness, as well as their access to care and treatment without prejudice on the part of the government. Additionally, as is the case for the treatment of physical illnesses, insurers are also required to offer medical insurance coverage for the treatment of mental illness.
- 5. The Mental Health Care Act of 2017 has provisions for both the regulation of the industry and the registration of institutions involved in mental health. In order to prevent anyone with a mental disease from having to travel far for treatment, these measures include the requirement for the building of mental health facilities across the nation as well as the formation of a regulatory agency known as the mental health review board.
- 6. Electroconvulsive therapy (ECT) is only permitted under the terms of the Act in extreme circumstances, coupled with the use of anaesthetics and muscle relaxants. Additionally, it is now against the law to employ ECT as a treatment option for kids.
- 7. The 2017 Act outlines the obligations of various organizations, like the police, with regard to people with mental illness.
- 8. Additionally, the Mental Health Care Act of 2017 pledged to combat stigma surrounding mental illness and included some suggestions for doing so.

Collaboration:

Name and Designation of Speakers:

- 1. Dr. A.K. Seth (Prof. & HOD Psychiatry)
- 2. Dr. Rani Shrivastava (Prof & Head Psychology)
- 3. Dr. Brijesh Saran (Assist Prof Psychiatry)
- 4. Dr. Parul Gairola (Assist Prof Clinical Psychology)
- 5. Dr. Anoop Peter (Assist Prof Clinical Psychology)

Attended by students pursuing following courses from BOT, BPT, BOT Interns, 2nd yr MBBS, MBBS Interns, Junior Resident students at Santosh Deemed to be University.

Execution:

- 1. PPT presentation about the mental health care act 2017
- 2. one hour Lecture was taken with audio visual display.
- 3. Quiz was organised about the topic Human rights of person with Mental illness

4. Google Drive web link provided for the details of event for academic purpose and continued learning.





DEPARTMENT OF DERMATOLOGY, VENEREOLOGY & LEPROSY

Event Report

TITLE - WORLD AIDS DAY 2022

Preface:

WORLD AIDS DAY is observed on 1st December to promote awareness, empowerment and to equalize divison, disparity and disregard for human rights and suggest action for improving the quality of life for people with AIDS.

Progarm:

Department of Dermatology organized an online CME and Awareness Program on the occasion of WORLD AIDS DAY on 1st December, 2022, 11:30 – 12:15 PM at Santosh Hospital, Ghaziabad.

Execution:

Dr. V. K. Garg (Professor & HoD) initiated the session and introduced this year's theme "Equalize". Dr.Gulshant Panesar emphasized on the current Status & Burden of AIDS, Dr. Sonali saxena (Senior Resident) briefly discussed about the challenges in management of AIDS, Dr. Sheraun Karira (Junior Resident) elaborated on social empowerment of people affected with AIDS. Finally, Dr V. K. Garg took up questions from the audience and concluded the session.

Tangible Outcome:

It was a very informative session with good audience participation, making it a successful event.

Dr V K Garg Professor and Head Department of Dermatology Santosh Medical College & Hospital 1st December ,2022



DEPARTMENT OF DERMATOLOGY

on the occasion of

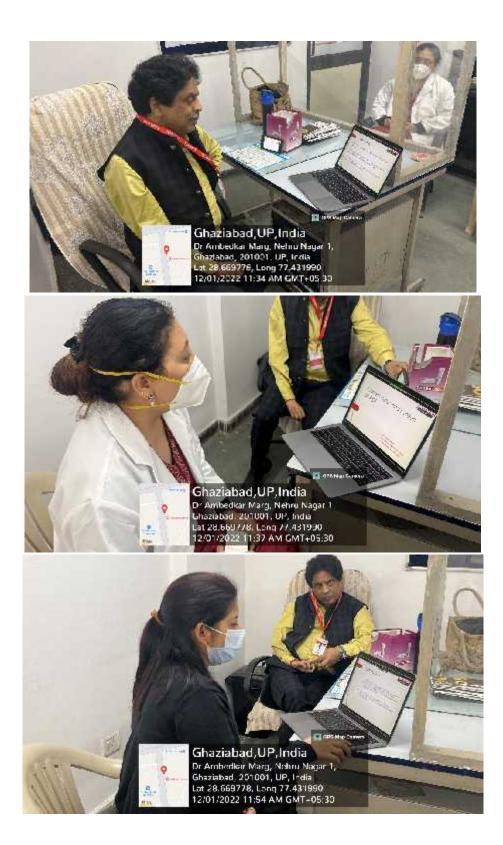
World AIDS Day

organising an awareness program

World AIDS Day 2022 "Equalize"

Date: December 1, 2022 (Thursday) Time: 11:30 AM - 12:15 PM

	PROGRAMME SCHEDULE	
Speaker	Topic	Time
Dr. V. K. Garg (Professor & HOD)	Introduction to Leprosy Day: "Equalize"	11:30 AM - 11:40 AM
Dr. Gulshant Panesar (Assistant Professor)	Current Status & Burden of AIDS	11:40 AM - 11:50 AM
Dr. Sonali Saxena (Senior Resident)	Challenges in Management of AIDS	11:50 AM - 12:00 PM
Dr. Sheraun Karira (Junior Resident)	Social Empowerment of People Affected with AIDS	12:00 PM - 12:10 PM
Dr. V. K. Garg (Professor & HOD)	Concluding Remarks	12:10 PM - 12:15 PM









Constitution Day

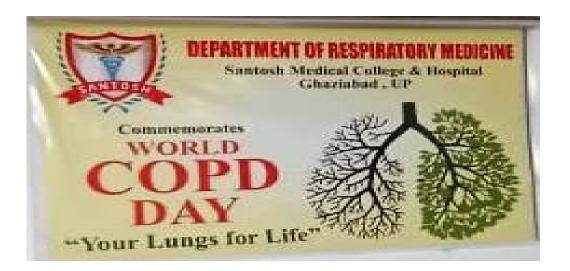
25th November 2022

A Seminar on the topic "Constitutional values and fundamental principles of Indian constitution" was organized to cherish the glory and reaffirm our commitment to uphold the ideology of great Indian constitution. Students have been imparted which emphasized on the importance of Constitution Day, the significance of its celebration and commemorated the people who contributed to the development of Indian constitution. It highlighted the basic differences of Indian constitution than that of other countries with examples indicating the prerequisites of the constitution such as societal, familial and individual needs. The preamble of Indian Constitution i.e India to be a sovereign, socialist, secular, and democratic republic which is aiming to secure justice, liberty, equality to all citizens and promote fraternity to maintain unity and integrity of the nation were stressed in seminar as these rights are necessity and are not a privilege. The session was conducted in Maharaja Hall and was attended by 107 students &16 faculty Members of Santosh Deemed to be University.





World COPD Day



Today, November 16, 2022, On the occasion of World COPD Day, Department of Respiratory Medicine, Santosh Medical College Ghaziabad organised a webinar on the topic of 'CHANGES IN GOLD COPD 2022 GUIDELINES'. It was presented by Dr. Vidushi Bhardwaj (JR-2).

The webinar was graced by the dignified presence of Dr. Manish Sharma (HoD), Dr. Prachi Saxena (Asst. Prof.), Dr. Mahendran (Asst. Prof.) along with PG student and interns.

PG students: Dr. Eshutosh Chandra (JR-3), Dr. Pooja Das (JR-3), Dr. Prekshy Singh (JR-2), Dr. Swati Sharma (JR-1), Dr. Pritam Singh (JR-1), Dr. Ramanpreet (JR-1).

Interns: Dr. Ankit Pandey, Dr. Ankit Rajput, Dr. Anchal and Dr. Ankita

The session was culminated with the insightful closing remarks of Dr. Prachi Saxena





Activity Report- World Sight Day Department of Ophthalmology Date: 13th Oct-22

Department of ophthalmology, Santosh medical college celebrated world sight day with special theme on eye donation under the guidance of HOD, Dr Sarita Aggarwal. Santosh eye bank is first and only eye bank in Ghaziabad. The event was graced by presence of Deputy CMO, our respected dean Dr Alka Agrawal, provc sir Dr Ashok Sharma, Dean academic Dr Shalabh Gupta, MS Dr Sushil Gaur, all departmental heads, faculty and active members of Dadhichi Samiti which is nonprofit organization that works for motivating people for organ donation. Dr Alka Gupta was the guest speaker from LLRM, Meerut, since many years she is successfully doing corneal transplantation. Dr Shikha spoke about corneal retrieval .MBBS and optometry students also did their bit in creating awareness by making posters and slogans, Top 3 posters were awarded in both the categories. The celebration was concluded by "Nukkad natak "act on theme of eye donation by post graduate students of ophthalmology department. Vote of thanks was given by Dr Somesh .The whole event was turned out to be a success and hopefully our department was successful in creating awareness by different means as possible.





Department of Orthodontics and Dentofacial Orthopedics

Date : 15.10.22

Department of Orthodontics and Dentofacial Orthopedics, Santosh Dental College celebrated Orthodontic Day with a lot of fanfare at our institution.

Date:11.10.22 Chief Guest - Dr. Sanjay Labh, Secretary, IOS

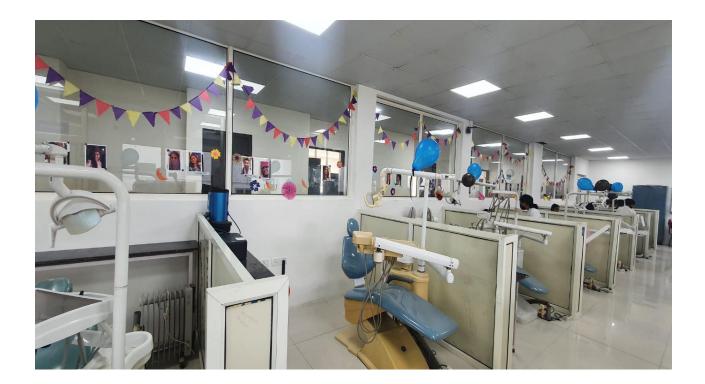
Participants - 64

Timing – 10 am to 4 pm

Activities conducted -

- 1) Rang De (Rangoli Competition)
- 2) Slogan competition
- 3) Wire bending competition
- 4) Dancing
- 5) Singing
- 6) Reels
- 7) Tug of war
- 8) Dumb charades

It was a fun-filled event and students across different years participated in the event with wholesome enthusiasm and showcased their skills and talent.











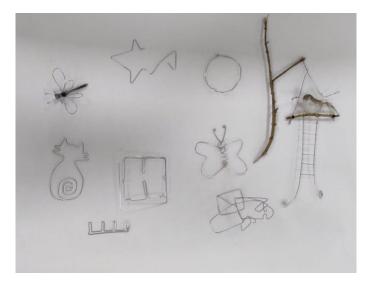
















Santosh Medical College & Hospital Department of General Medicine

No. 1 Ambedkar Road, Ghaziabad

07-10-2022

"World Heart CME and Guest Speaker Program"

On 7th October 2022, Department of General Medicine, Santosh Medical College & Hospital, Ghaziabad Along with Delhi Diabetic Forum, conducted a "**World Heart CME and Guest Speaker Program**". The motive of the CME was to spread the awareness regarding cardiovascular diseases to all. With the rising burden of CVD because of so many treatable risk factors the mortality is also increasing.

CME started with Welcome address and lecture on overview of World Heart Day by Professor & Head, Department of General Medicine, Dr. Ashok Kumar and suggest everyone beating cardiovascular disease (CVD) is something that matters to every beating heart and follow this year's theme **"USE HEART FOR EVERY HEART"** and to use heart means to think differently and to make right decisions. Professor Dr. Shivani Bansal further enlighten regarding everyone on diabetes and cardiovascular disease and explained about how controlled Diabetes will reduces the risk of cardiovascular disease. The goal of World Health Day is to draw attention to the behaviour that really can deter individuals from becoming predisposed to cardiovascular diseases, as well as to educate the masses on how to handle the potential risks associated with these diseases. Dr. Shubha Laxmi Margekar, Professor, Lady Hardinge Medical College, New Delhi as guest speaker Explained nicely about the interlink age between Air pollution and Cardiovascular disease and follows slogan **'Breath healthy and be healthy**' she explained about all the Harmful air pollutants that can cause CVD and how we have to prevent it and motivates everyone to Join the revolution, stop the Air pollution.

Dr. Rani Shrivastava, Professor Clinical Psychology spoke on how "**Mitigating stress for** cardiovascular disease-Self-care", also had a survey about the level and intensity of stress among the population and gave the demonstration about Focusing and controlling temptations. She also motivated everyone for meditation so that life is less stressful and will have less cardiovascular effects because of Stress. Dt. Ms. Deepshikha Malik, Clinical nutritionist and Dietician explained about Health Nutrition, how dietary habits linked to CVD and what are healthy food for heart and what are slow poisons, Think healthy first! Eat smart for a healthy heart!

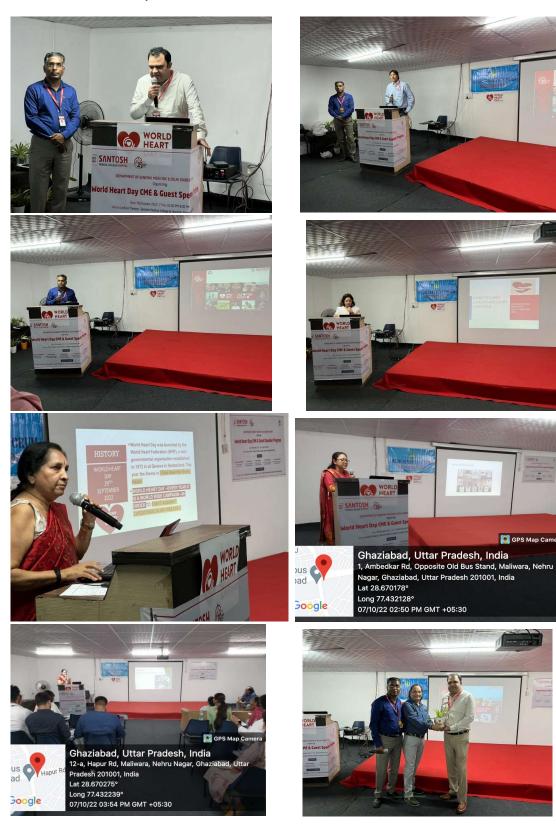
The CME was attended by around 150 participants involving faculties, UG students, Post graduates, non-teaching staff members. Department of Medicine offered sincere thanks to all the Speakers, Chairpersons, Students and staff members for their interactive participation and making the event successful for spreading the awareness regarding Cardiovascular Diseases.



Santosh Medical College & Hospital **Department of General Medicine**

No. 1 Ambedkar Road, Ghaziabad

These are the Few Glimpse of the events



💽 GPS Map Ca



Santosh Medical College & Hospital Department of General Medicine

No. 1 Ambedkar Road, Ghaziabad









Dr. Ashok Kumar Professor and Head Department of Medicine

07-10-2022

SANTOSH DEEMED TO BE UNIVERSITY, GHAZIABAD DEPARTMENT OF DERMATOLOGY, VENEREOLOGY & LEPROSY

EVENT REPORT

TITLE - WORLD URTICARIA DAY 2022

Preface:

World Urticaria Day is observed on 1st October to raise awareness of urticaria to help improve the lives of people and to progress understanding amonst patients, their families, and general public.

Progarm:

Department of Dermatology organized an online CME and Awareness Program on the occasion of World Urticaria Day on 1st October, 2022, 11:30 AM – 12:15 PM at Santosh Hospital, Ghaziabad.

Execution:

Dr. Gulshant Panesar (Assistant Professor) initiated the session and talked about the significance of this year's theme for Urticaria Day: "Better Quality of Life". Dr. Sonali Saxena (Senior Resident) elaborated on the Types of Urticaria. Dr. Priyal Garbyal (Senior Resident) briefly discussed about Management of Urticaria. Dr. Gulshant Panesar talked about Urticaria and Quality of Life.

Tangible Outcomes

It was a very imformative session with good audience participation, making it a successful event."

Volume

Dr V K Garg Professor and Head Department of Dermatology Santosh Medical College & Hospital







DEPARTMENT OF DERMATOLOGY

Event Report

TITLE: World Atopic Eczema Day 2022

Preface:

World Atopic Eczema Day is celebrated to raise awareness about the disease, to speak up about the burden it has on patients and caregivers, to recognize the need for care and treatment of the multidimensional disease.

Program:

Department of Dermatology organised an online awareness CME on the occasion of World Atopic Eczema Day on September 14, 2022, at Santosh Hospital, Ghaziabad.

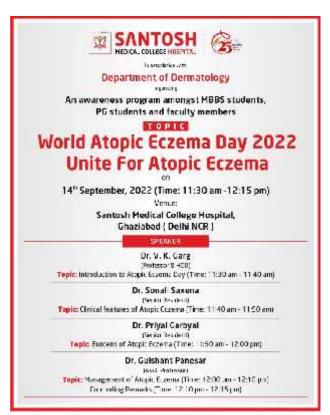
Execution:

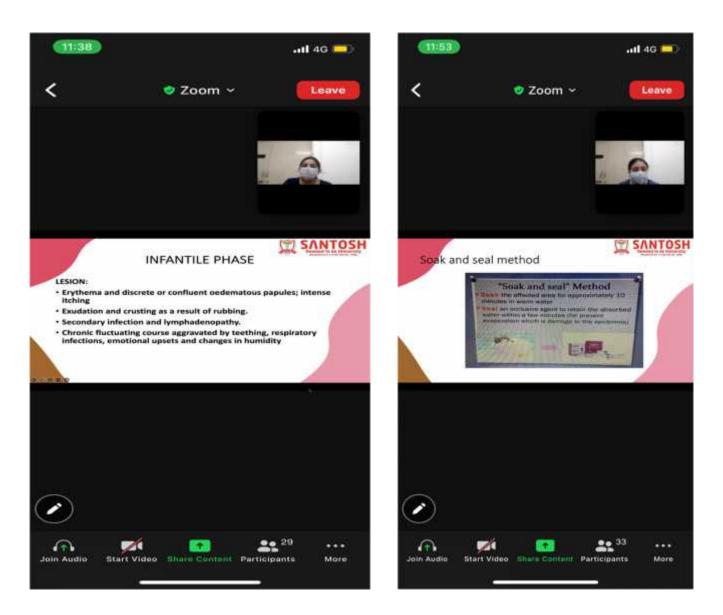
Dr. V. K. Garg (Professor & HOD) initiated the session and emphasized on the significance of this day. Dr. Sonali Saxena (Senior Resident) discussed about the clinical features of Atopic Eczema. Dr Priyal Garbyal (Senior Resident) talked about the Burdens of the Disease. Dr. Gulshant Panesar (Assistant Professor) elaborated on the management of Atopic Eczema. Finally, Dr. V. K. Garg took up questions from the audience and concluded the session.

Tangible Outcomes:

It was a very informative program with good participation from the faculty and students.

Dr. V. K. Garg (Prof. & Head, Dept. of Dermatology) 14/9/2022









SANTOSH DEEMED TO BE UNIVERSITY

3. TEACHER'S DAY CELEBRATION

Students of Santosh Deemed to be University celebrated Teacher's Day on 5th September 2022. The celebration was attended by Honourable Chancellor Dr. Manoj Goyal, Vice Chancellor Dr. Tripta S. Bhagat, Director Academic Administration Dr. VP Gupta, Registrar Dr. Alpana Agarwal, Dean Academics Dr. Shalabh Gupta, Dean Medical Dr. Alka, Dean Dental Dr Akshay Bhargava, Dean Research Dr. Jyoti Batra, Dean Student Welfare Dr Rajiv Ahluwalia sir, Director IQAC Dr. Dakshina Bisht, all the HOD's and Faculty of Santosh University with utmost joy and happiness. It was conducted in Maharaja hall of Santosh Medical College from 2:00 pm onwards.

The celebration started with lamp-lighting ceremony along with Saraswati Vandana and a dance rendition Ganesh Vandana. Motivating and encouraging speeches were given by our honourable Chancellor and Vice Chancellor.

A poem recitation, dance and song performances by the students created an environment of elation in the auditorium. The students made special requests to the teachers for singing which were sportingly accepted by the leadership and the faculty. There were fun filled games such as antakshari and dumb charades organised for the faculty that made the event successful. This was followed by tea and snacks.

The program was coordinated with the Student Core Committee members and all the efforts were appreciated in the end with vote of thanks by Dean Student Welfare.













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Santosh Medical College and Hospital

Department of Pediatrics

32. ORS week celebration

On the occasion of world ORS week, Santosh Medical College and Hospital , Ghaziabad celebrated world ORS day on 29^{th} July 2022. The theme for the day was "Jodi No. 1 – ORS and Zinc".

Resident doctors from department of Pediatrics under the guidance of Dr. Alka Agrawal (Dean and Professor Pediatrics) were assigned to perform a skit for OPD patients and MBBS students for awareness about role of ORS and zinc in diarrhea. Patients were explained about the correct use, dilution, duration of use and expiry of ORS. The crowd participated and understood the judicious use of ORS and Zinc well.

Occasion was graced by President IAP Ghaziabad Dr. Promod Sabarwal.



This initiative was applauded by all.









31. Activity report

28/07/2022

Interdepartmental meet between department of Respiratory medicine and department of Biochemistry and Department of Microbiology

On 28th of July,2022 Department of Respiratory medicine and Department of Biochemistry with Department of Microbiology hosted an interdepartmental meet to commemorate World Hepatitis Day . The meeting was organised in the seminar room in Department of Microbiology at 2 pm. The following presentations were made:

Topic : ATT induced Drug Induced Liver Injury by Dr Prekshy (Respiratory Medicine)

Topic : Molecular Methods for Diagnosis of MTB and Atypical mycobacteria DR NAHID (MICROBIOLOGY)

Topic : Brief Overview of Mycobacterium culture Sensitivity Dr Rastogi (Biochemistry Department)

The event was graced by Dr. Prachi Saxena (assistant professor, Respiratory medicine) ,Dr. Juhi Aggarwal (HOD Biochemistry department) and Dr. Ashutosh Rawat . (HOD Microbiology)

The meeting was also attended by the post graduate students from Respiratory Medicine Department Dr.Eshutosh Chandra (PG-3), Dr.Pooja Das (PG-3), Dr.Vidushi Bhardwaj (PG-1), Dr.Prekshy Singh (PG-1) as well as by the interns Dr. Mohammad shadab and Dr. Mohammad Asmar as well as Residents Dr Nahid, Dr Rastogi PG of Microbiology department and Biochemistry department.

There were insightful diagnostic inputs given by all the departments on the topic and interesting case studies were put forward by the students as well as the faculty .





30. Doctor's Day- 1.7.22

VENUE: Santosh Hospital, Gharonda orphanage, and Santosh Medical College, Ghaziabad

DATE: 1st July 2022

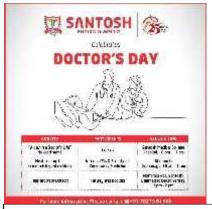
REPORT

- Doctor's Day was celebrated in Santosh Medical College with a lot of enthusiasm and fervour. On this day, various activities were planned in the medical college and hospital as well as the field practice areas of the Dept of Community Medicine. The event was circulated on the different social networks.
- The health camp was organised in collaboration with Gharonda, a home for underprivileged children.
- The day started with a Nukkad Natak presented by interns and undergraduate medical students in the Santosh Hospital, depicting 'A day in the life of a Doctor'. It dealt with the everyday challenges faced by the doctors including aggression by relatives of patients and how the doctors provide services against all odds. Faculty and other staff members of the hospital applauded the nukkad natak.
- A free health camp was organised on 1st July 2022, in Gharonda which is an orphanage in district Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad. A total of 30 children who were between the ages of 3 months to 10 years were examined. Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for

respective speciality. Dental examination of the children was also done by dental post graduate students. All children were given Albendazole tablets and syrup for deworming. The camp culminated with juices and snacks distribution to the underprivileged children of Gharonda.

 The day ended with felicitation of the doctors for their valuable contribution during the COVID 19 pandemic.

The photographs are attached herewith.



Information of event circulated through social sites



Nukkad Natak performed by interns and undergraduate medical students

















Health camp at Gharonda





Felicitation of Doctors